

Stop & Think Social Skills **Lesson Plan**

Name of Social Skill:

Grade Level:

Social Skill Steps:

Notes/Reminders about the Students You are Teaching:

Step 1: Introduction and Orientation to Social Skills/Reasons for Teaching Social Skills; Teaching/Reviewing the Five Stop & Think Universal Steps

**Step 2: Explanation/Rationale: Why “Good Choices” are Important;
What Happens When “Bad Choices” Occur**

Step 3: Introducing the New Stop & Think Social Skill

A. Introduce/Contextualize the skill, why it is important, when it should be used, what happens when students do/do not demonstrate the skill.

Step 3: Introducing the New Stop & Think Social Skill

B. Generate/Discuss classroom or school situations when the skill is needed or used, and what happens when students make “Good or Bad Choices.” [These situations can be used as Role Plays]

Step 3: Introducing the New Stop & Think Social Skill

C. Teach, chorally practice, and help students memorize the skill steps and the associated behaviors needed to execute the different skill steps.

D. Discuss/Teach/Model the “internal” decision-making/ social problem-solving processes needed for relevant choices within the skill script.

Step 4: Practicing the Skill Script/Steps within the Five Stop & Think Universal Steps

Step 5: Describe How You Will Set up the Modeling of the new Stop & Think Social Skill. What Modeling scenario will you use?

Step 6a: Describe How You Will Set up the Roleplays for the new Stop & Think Social Skill. What Roleplay scenarios will you use? What students?

Roleplay 1:

Roleplay 2:

Step 6b: How will you integrate Performance Feedback into the Stop & Think Social Skill roleplays?

Within-Scene Feedback:

Post-Role Play Debriefing Feedback:

Step 7: How will you summarize the Stop & Think Social Skill lesson and facilitate the transfer of the training?